The services are characterised by ‘Levels’ of need as below:

**UNIVERSAL** – Primary preventative services aimed at addressing the needs of all children.

**VULNERABLE** – Selective primary preventative services aimed at children with special needs.

**COMPLEX** – Secondary prevention services to support children with multiple needs.

**ACUTE** – Tertiary help or prevention services for children in need of immediate care and protection.

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**School Nurses**
School Nurses – Age range 5 – 16 years
Services provided at **UNIVERSAL** and **VULNERABLE** levels
Professional and self referral
- Tier 1 Support

**Health Visitors**
Health Visitors - Age range 0 – 5 years
Service provided at **UNIVERSAL** level
Professional and self referral
- Tier 1 Support
- Early Attachment Service

**N.B.**
Health Visitors and School Nursing services are based in teams. They can be contacted by mobile numbers (not to be given out) or the landlines by area, as detailed in **Appendix 1**. These landlines are DUTY telephone numbers and are for professional queries only. They are manned at certain times during the day, by professionals (see appendix 1). Parents should phone central admin on 01709 423333, Mon-Fri 8.30am to 5pm.

**Family Nurse Partnership**
Age range parents under 19 years. Women under 19 years and first pregnancy
Service provided at **VULNERABLE** Level.
Professional referral
- Tier 1 Support as part of Family Nurse Programme
Telephone 01709 255804
**Child Development Centre**

Age range 0 – 5 years

Service provided at UNIVERSAL, VULNERABLE and COMPLEX Level.

- Assessment and care planning for children with development delay in more than one area.
- Primarily based around therapy services coming together to assess holistically the individual child’s case.
- Includes expertise in Paediatrics (medical), Psychology and Education.
- Supporting families in understanding their child’s condition.

**Telephone 01709 428850**

N.B - HVs and CDC can refer directly to RMBC Portage Team

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**Evidence Based Parenting Programmes**

Age Range up to 16 years

Professional and self referral

Services provided at UNIVERSAL, VULNERABLE and COMPLEX level.

- Family Links - for parents with children 0-11 years. 10 week programme to look at emotional well-being of parents, as well as positive behaviour management
- Parenting Positively - for parents with children 8months to 8 years. 6 week programme which explores managing behaviour effectively, building on existing strengths
- Handling Teenagers Behaviour - for parents of children 11-16 years. 6 week programme which explores the teenage years and behaviours which are/are not acceptable/expected for this age group
- Handling Special Needs Behaviour - for parents of children 0-16 years. 6 week programme that looks at specific issues surrounding the parenting of children with additional/special needs

**Telephone 01709 822313**

**Sexual Exploitation Team**

Age range Up to 18 Years

Professional and self-referral

Services provided at VULNERABLE, COMPLEX and ACUTE level.

- Disclosures and court cases
- Support with multi-agency investigations and support plans for vulnerable victims or those at high risk of sexual exploitation
- Outreach & Advocacy Support
- Family support - for families of children victims or those high risk of sexual exploitation
- One to One Support for those who have been victim or risk of sexual exploitation
- Group work to children at risk
- Training booklet provided to support Learning Disability Team
- Booklet available for all schools on exploitation
- Training & awareness with parents at evening and coffee morning sessions

**Telephone 01709 823987**

**Educational Psychology**
Age range 0 - 19 Years
Professional Referral (via School)
Service Provided at **COMPLEX** level
- Family & School Support
- Support for children with special educational needs
- Advisory role
- Training
- Transition Support

**Telephone 01709 822580**

**Behaviour Support Team (Paula Williams)**
Age Range 4-16 years
Professional Referral (via School only)
Services provided at **UNIVERSAL, VULNERABLE** and **COMPLEX** level.
- Advice and support to school staff regarding engaging children in learning
- Direct one to one work with children

**Telephone 01709 740226**

**Children’s Centres**
Age Range 0-5 years
Professional and Parental Referral
Services provided at **UNIVERSAL, VULNERABLE** and **COMPLEX** level.
- Family Support offered on a one-to-one basis
- Some childcare offered in certain areas
- Groups offered covering a variety of issues including debt advice, SEN support groups, weaning, baby massage

**Early Support (Jackie Parkin)**
Age Range 0-25 years
Professional and Parental Referral
Services provided at **VULNERABLE, COMPLEX** and **ACUTE** level.
Support for families with disabled child/child with special needs
- Multi agency way of working to empower families to coordinate a package fo support available to them

**Telephone 01709 336432**

Review date April 2015   December 2014
**Autism Communication Team (ACT)**
Age Range 3-16 years
Services provided at **VULNERABLE** and **COMPLEX** level
Professional Referral by setting, form to be signed by LSS teacher who should have been involved
  - Observations in classroom and/or playground
  - Production of Action Plan and offer of practical strategies and advice
  - Advice on targets and tracking progression
  - May work with the child/youth person in exceptional circumstances

**Telephone 01709 336413**

**Portage Team**
Age range 0 - 3 Years
Service Provided at **COMPLEX** and **ACUTE** Level.
Professional & Parental Referral
  - Implement a highly structured, intensive teaching programme
  - Support with implementation of therapy programmes
  - Liaise with a range of other involved professions and relevant organisations
  - Provide advice re benefits to parents
  - Support transitions into local and specialist provision
  - Mentor staff in settings where Portage children attend
  - Offer Portage training to parents and professionals

**Telephone 01709 719164**
HV's and CDC can refer directly to Portage

**Family Recovery Programme**
Age range 0 – 19 Years
Professional referral
Services provided at **COMPLEX** and **ACUTE** Level.
  - Screening and support to engage with services
  - Work with adults and children in the family on self esteem and motivation
  - Small group sessions to raise confidence and esteem working with parents and family.

**Access via the Contact and Referral Team - Telephone 01709 823987 or out of hours 01709 364689**

**Integrated Youth Support Service (formerly Youth Service, Connexions and Youth Offending) – including 'Youth Start' and LGBT Youth Group.**
Age range: Secondary school age (11) – 25 years
Self-referral and professional referral.
Services provided at **UNIVERSAL, VULNERABLE** and **COMPLEX** level.
  - Counselling
  - Flexible one to one emotional wellbeing support
  - Sexual health and relationship support
  - Support with benefits advice
  - Curriculum work – managing your money
Rotherham Institute for Obesity
Age range: Children, Young People and Adults
Service provided at UNIVERSAL level
- Multidisciplinary approach to reducing and maintaining weight loss.
- Talking Therapies.
- Dedicated Obesity Specialist Nurses.
- Dietetics input for complex dietary needs.
Lynn Senior, RIO Supervisor
Telephone 01709 720193

Rotherham Parent Partnership Service
Age range: 0-19 years
Service provided at VULNERABLE and COMPLEX level
- Impartial advice and information to parents of children with Special Educational Needs
- helping parents to communicate with schools and other services involved with their child’s special educational needs,
- support at official meetings with school or other services involved with their child,
- looking at choices available to meet their child’s needs,
- helping to ensure the child’s views are heard and
- helping to put views in writing.
Telephone 01709 823627
www.rotherhamparentpartnership.com

Targeted Family Support Team
Age Range – 5-13 years
Professional Referral (specific criteria)
Services provided at VULNERABLE and COMPLEX level.
- Holistic family support offered on a one-to-one basis
- Evidence based practice to underpin interventions offered
- Parental permission must be obtained for the referral to be made
Telephone: 01709 822577
Referral by secure on line portal
https://www.rotherham.gov.uk/forms/form/299/en/targeted_family_support_team_-referral_form
CAMHS Services – Tier 2 and 3 (Including ‘Improving Access to Psychological Therapies’ (IAPT) including Learning Disability
Age range 0 – 19 years (For Mental Health and Learning Disability).
Professional referral. Self Referral for children/young people 12 up to 18 years every Thursday at the Eric Mann Building between 3-6pm.
Services provided at VULNERABLE and COMPLEX levels

Tier 2 and 3 services - for specific areas including;
  • Eating disorders including Anorexia & Bulimia
  • Self Harming behaviours
  • Suspected psychosis
  • Mood disorder/Depression
  • Severe Behavioural Problems
  • Anxiety disorders
  • Post Traumatic Stress Disorder (PTSD)
  • Obsessive Compulsive Disorder (OCD)
  • Suspected Autism Spectrum Disorder (ASD)
  • Suspected Attention Deficit Hyperactivity Disorder (ADHD)

In addition, there is a Specialist Multidisciplinary Learning Disability Pathway with dedicated psychology, nursing and therapy staff and a visiting specialist Child Learning Disability Psychiatrist.

Range of interventions offered by CAMHS in the community and at Kimberworth Place;
  • CBT
  • Psychoanalytical Psychotherapy
  • Art Psychotherapy
  • Theraplay
  • Solution Focused
  • Systemic Family Therapy
  • Watch Wait and Wonder
  • Group work
  • Play work

See referral ‘Top Tips’ for the full list of areas covered.
Telephone 01709 304808
'Know the Score’ Young People’s Service – Drugs & Alcohol

Age range 0 – 18 years
This service is the young people’s drug and alcohol service for the young people of Rotherham. There is an open referral process please ring the number below.
Services provided at VULNERABLE and COMPLEX level.
• Drug Treatment & relapse prevention
• Provides advice, education & support
• Provides psychological & physical treatments
• 1:1 work with individual clients
• Group work with vulnerable groups of young people.
• Supports joint working with appropriate agency
Telephone 01709 836047

Voluntary Sector

Barnardo’s Rotherham Young Carers Service
Age range 8 - 18 Years
Professional and self referral
Service provided at VULNERABLE level
• Guidance & support around young carer issues
• Training & advice to other services & schools in contact with Young Carers.
• Support to reduce negative social impact on Young Carers
Telephone 01709 377157

Barnardo’s – The Junction
Age range 4 - 19 Years
Professional and self referral
Service provided at VULNERABLE level
• Services for Children & Young People whose sexual behaviour is a problem
• Support & advice to families
• Training & education
Telephone 01709 377157
Grow
Age range 0 – 19 Years
Professional and self referral
Service provided at UNIVERSAL, VULNERABLE and COMPLEX level.
- Working with young parents & parents to be
- Advocacy support
- Support to parents/families with low income issues

Telephone 01709 511171

mind
For better mental health

Rotherham and Barnsley MIND: Children, Young people & Families Service

Schools Mental Health Service
Age Range 4 – 19 Years
Borough-wide coverage, subject to individual school ‘buy-in’
Professional and Self Referral (for young people deemed to be Fraser competent)
Service provided at COMPLEX and VULNERABLE level
- 1:1 Mental Health support for children/young people experiencing emotional distress and/or engaging in unhealthy coping behaviours for period of 1-3 months.

Telephone 01709 554755

Intense Family Support
Age Range 0 – 19 Years
Borough-wide service for families where 1 or more child subject to child protection plan and family meets ‘Troubled Families’ criteria.
Social care/Families for Change referral
Service provided at ACUTE level

Telephone 01709 334730
Safe@last

Age range Young people age 16 years and under
Professional and self referral
Service provided at ACUTE level
- Children Help Line & Web chat
- Children’s Refuge
- Support for young people aged 16 years and under who are at risk through running away

Telephone 01909 566977

Rotherham MAST

Age Range 0-19 years
A multi-agency, learning community resource available borough-wide subject to schools buying into, and working in partnership with the service.

Referral at the discretion of individual schools.

Services provided at COMPLEX and VULNERABLE level:
- Counselling/Mental Health support for children and young people.
- Family intervention/Parent support
- Group work
- Parenting groups
- Staff training and consultation
- Staff counselling
- Counselling supervision

Telephone: 01709 812864 Ext 265

Email: sgraham@maltbyacademy.org
# Appendix 1

## HV and SN - LOCALITY NUMBERS & DUTY TIMES

### South Locality

<table>
<thead>
<tr>
<th>Base</th>
<th>Health Visiting</th>
<th>School Nursing</th>
<th>Duty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maltby – WV</td>
<td>01709 336124</td>
<td>01709 336124</td>
<td>HV: 9.00 – 10.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>4.00 – 5.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>SN: 2.00 – 4.00</td>
</tr>
<tr>
<td>Dinnington – RVS</td>
<td>01709 335079</td>
<td>01709 335079</td>
<td>HV: 9.00 – 10.00</td>
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<tr>
<td></td>
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<td></td>
<td>4.00 – 5.00</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>SN: 2.00 – 4.00</td>
</tr>
<tr>
<td>Aston – RVW</td>
<td>01709 254291</td>
<td>01709 335079</td>
<td>HV: 9.00 – 10.00</td>
</tr>
<tr>
<td>(Aston SNs at Dinnington)</td>
<td></td>
<td></td>
<td>4.00 – 5.00</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>SN: 2.00 – 4.00</td>
</tr>
</tbody>
</table>

### Central Locality

<table>
<thead>
<tr>
<th>Base</th>
<th>Health Visiting</th>
<th>School Nursing</th>
<th>Duty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kimberworth – RN</td>
<td>01709 255333</td>
<td>01709 334931</td>
<td>HV &amp; SN: 2.00 – 4.00</td>
</tr>
<tr>
<td>The Place – RS</td>
<td>01709 334942</td>
<td>01709 334931</td>
<td>HV &amp; SN: 2.00 – 4.00</td>
</tr>
</tbody>
</table>

### North Locality

<table>
<thead>
<tr>
<th>Base</th>
<th>Health Visiting</th>
<th>School Nursing</th>
<th>Duty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rawmarsh – WS</td>
<td>01709 336234</td>
<td>01709 336224</td>
<td>HV &amp; SN: 9.00 – 10.00</td>
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<td>4.00 – 5.00</td>
</tr>
<tr>
<td>Swinton - WN</td>
<td>01709 334462</td>
<td>01709 336224</td>
<td>HV &amp; SN: 9.00 – 10.00</td>
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<td>Tues a.m. 11.00 – 12.00</td>
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<td></td>
<td>(H/V’s only)</td>
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<tr>
<td></td>
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<td>4.00 – 5.00</td>
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</tbody>
</table>

**DURING DUTY TIMES ALL CALLS SHOULD BE PUT THROUGH TO BASES**

**OUTSIDE OF DUTY TIMES STAFF MUST TRY AND RING THROUGH ON THE NUMBERS GIVEN ABOVE WHENEVER A PATIENT OR THEIR FAMILIES WISH TO SPEAK TO A CLINICIAN**

**A TASK SHOULD ONLY BE SENT WHEN YOU ARE UNABLE TO CONTACT ANYONE**